



Our Whole Lives: Sexuality Education for Grades K-1 can help you educate your child about birth, babies, bodies, and families. You will be actively involved as your child learns through songs, stories, activities and at-home projects that promote family dialogue.

**Our Whole Lives: Sexuality Education for Grades K-1**

# Our Whole Lives: Sexuality Education for Grades K-1

## ***Our Whole Lives (OWL) values:***

- Self Worth
- Sexual Health
- Responsibility
- Justice and Inclusivity

In eight, one-hour workshops, OWL models and teaches caring, compassion, respect, and justice. It helps young children identify their attitudes, values, and feelings about themselves, their sexuality, and others' sexuality. Participants in Grades K-1 are guided by trained facilitators through an engaging curriculum that addresses age appropriate topics. In addition to a parent meeting and a parent-child orientation, parents are welcome to attend any or all of the workshops with their children. Homelinks keep parent-child communication open.

OWL is a secular curriculum, appropriate for many settings.

*Sexuality and Our Faith: Grades K-1* is a religious supplement for use in Unitarian Universalist and United Church of Christ congregations.

For more information, contact [OWL@UUA.org](mailto:OWL@UUA.org)

## **Workshops**

Parent Meeting

Parent/Child Orientation Program

1. Our Wonderful Bodies, Part 1
2. Our Wonderful Bodies, Part 2
3. Healthy Bodies, Safe Bodies
4. Families
5. Families and Feelings
6. Babies and Families
7. Birth of a Baby
8. Celebrations!

